

### Achievement Assembly

Our achievement assembly this week celebrated children who have thoroughly "enjoyed learning" this week. Well done to the following children:

**Reception:** Harry **C Year 1:** Ethan **Year 2:** Holly

**Year 3:** Luke **Year 4:** Isla **Year 5:** Year 6: Harry

### Celebrating Attendance

Whole school attendance is currently at 94.7%

Well done to Year 1 for best attendance this week at 100%

Huge well done to all 96 children who have achieved 100% attendance in the Spring 1 term. All names went into our Attendance Raffle and the two £50 prize vouchers go to Bronn in Reception and Ellyse in Year 2. Our raffle restarts after half term.

### Dates for Diary

- Friday 16<sup>th</sup> Feb - Break up for half term
- Thur 7<sup>th</sup> Mar - World Book Day plus Scholastic Book Fair after school until 4pm
- Thur 7<sup>th</sup> Mar - World Book Day special lunch menu - see below, there will be no other lunch option available.
- Mon 11<sup>th</sup>, Tues 12<sup>th</sup> & Wed 13<sup>th</sup> March - Parents Consultations & book fair in hall after school (until 4.00pm) Appts will be available to book from Wed 28<sup>th</sup> Feb
- Tues 19<sup>th</sup> Mar - KS2 Dance club performing PM at the Glasshouse International Centre for Music
- Wed 20<sup>th</sup> Mar - please send in an unwanted piece of clothing/cloth for bunting
- Wed 20<sup>th</sup> Mar - Easter Film night - whole school
- Tues 26<sup>th</sup> Mar - Y3 at the Glasshouse for the Spring Sing
- Thurs 28<sup>th</sup> March - Break up for Easter return Mon 15<sup>th</sup> April

### Reader of the Week Award

Celebrating our school's passion for reading! A huge congratulations to this week's school reading award winners. We are delighted to introduce this week's star readers who will receive a certificate:

#### **Reception**

Cassien and Henry

#### **Year 1**

Aizah and Freddie

#### **Year 2**

Hastaj and Millie

#### **Year 3**

Noah and Spencer

#### **Year 4**

James and Leah

#### **Year 5**

Charlie and William

#### **Year 6**

Harvey and Isabella



### Breakfast Club

This week we had a themed breakfast on Shrove Tuesday, 49 pupils thoroughly enjoyed pancakes with fresh fruit toppings and sauces. Thank you to our wonderful Breakfast Club Supervisors, Mrs Bradford, and Mrs Johnson for making it extra special. We are going to have 4 further themed breakfasts up until the summer term, if you would like to make a booking, please do so online via Schoolcomms. (Usual breakfast club items will be served too!)

- Tuesday 26<sup>th</sup> March - Easter Breakfast - Hot Cross Buns
- Tuesday 30<sup>th</sup> April - Waffles with fruit toppings
- Tuesday 21<sup>st</sup> May - Toasted muffins or pancakes
- Tuesday 25<sup>th</sup> June - Health and Sports Week - Keep fit Breakfast!

### Oral Health Promotion

We were recently visited by South Tyneside and Sunderland NHS Foundation Trust Oral Health Promoter who approved our Oral Health Policy and gave us further advice about how to keep our children's teeth healthy. She asked if we could spread the message that small bags of jelly sweets that children can take home are a better and cheaper option than a birthday cake should you be thinking of sharing with your child's class.

We were also advised that parents and carers should register their children at any receiving NHS dentist and that this does not have to be the same dentist as the adult. To find your nearest dentist taking 0-16 patients simply type 'find an NHS dentist' into Google and click on the first link. If you have any difficulty with this or need some support, we are here to help.

### Right of the week

Article 16 - Protection of Privacy - Every child has the right to privacy. The law must protect children's privacy, family, home, communications, and reputation (or good name) from any attack.



### Bunting

To celebrate the 10 Year Anniversary of The Waste and Recycling Centre, our school has been invited to make celebratory bunting from old clothes or unwanted fabric.

On Wednesday 20th March please send in one unwanted item of clothing or fabric. Every class will have time to cut up and decorate their fabric to make a piece of amazing bunting.

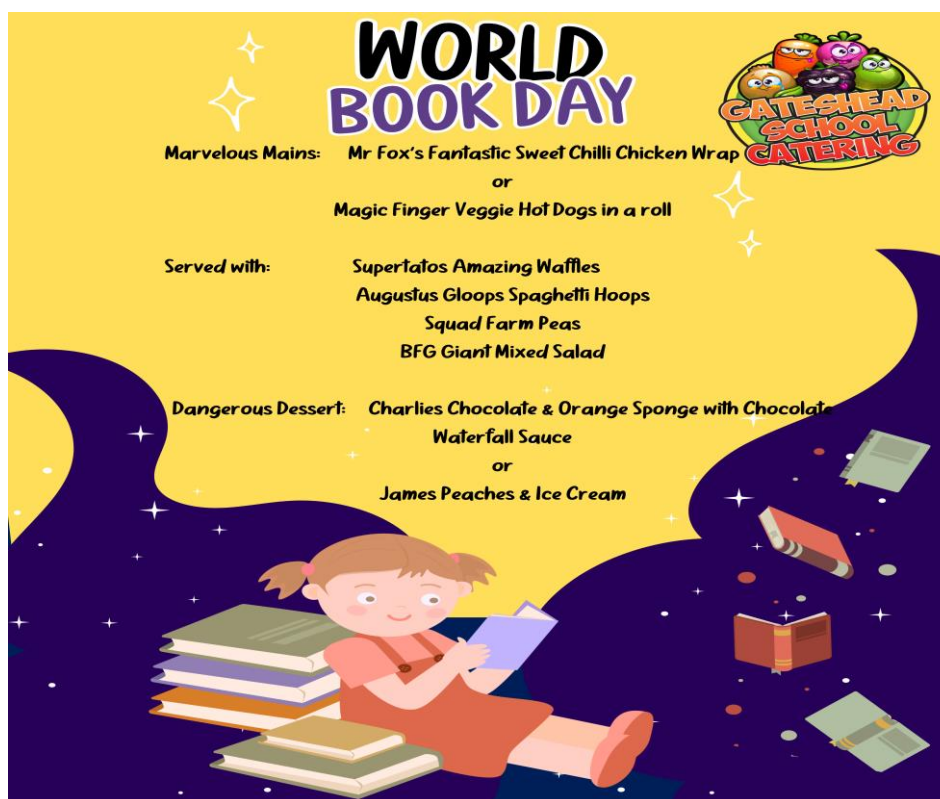
All the pieces will then be assembled by the Rights Respecting Club and sent to The Recycling Centre for the big celebration.

### Portobello Parent/Carer Fundraising Committee

Calling all Year 1 parents/carers would anyone like to come along to our next fundraising get together and check out whether you would like to get involved? Come along on Monday 4<sup>th</sup> March at 3pm to find out more, please let Mrs Lister know if you can attend.



### World Book Day menu







# COME To the SUPER AMAZING BOOK FAIR!

LAST YEAR, YOUR SUPPORT HELPED TO DONATE  
OVER £5.3M BOOKS TO SCHOOLS NATIONWIDE

FREE BOOKS  
FOR YOUR  
SCHOOL WHEN  
YOU BUY AT  
THE BOOK FAIR!

A POP-UP  
BOOK-STORE WITH  
HUNDREDS OF BOOKS  
FROM JUST  
£2.99

**NEW**



**Save  
£3**

**£12.99 £9.99**

**NEW**



**£7.99**

**NEW**



**£7.99**

**NEW**



**£7.99**

**NEW**



Available from 5<sup>th</sup> February

**£8.99 £7.99**

**NEW**



**£7.99**

**Date:** World Book Day is Thursday 7th March

Book fair will be available after school  
Thursday 7th March until 4pm and a tuck shop too  
Monday 11th until 3.45pm  
Tuesday 12th until 3.45pm  
Wednesday 13th until 3.45pm

**Scan the QR code  
to pay online!**





### Easy Fundraising

Sign up it's free and you can help us raise money for our school. So far, we have 64 supporters who have helped raise £264.86 in the last 4 years.

[https://www.easyfundraising.org.uk/causes/portobelloprisch/?utm\\_medium=email-share&utm\\_source=Facebook&utm\\_campaign=dd-feb-24&utm\\_term=Q4232&utm\\_content=socialshare](https://www.easyfundraising.org.uk/causes/portobelloprisch/?utm_medium=email-share&utm_source=Facebook&utm_campaign=dd-feb-24&utm_term=Q4232&utm_content=socialshare)

### Online Safety

Happy Valentine's Day!

Even young people can be looking for someone special - and with some teen dating apps boasting over 1 million users, the need to be aware of potential dangers is on the rise. This #WakeUpWednesday, we are diving into the risks of online dating and relationships.

A National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on areas of concern which we believe trusted adults should be aware of. Please visit [nationalonlinesafety.com](https://www.nationalonlinesafety.com) for further guides, blogs and tips for adults.

## What Parents & Carers Need to Know about ONLINE DATING & RELATIONSHIPS

Most online dating apps claim to be for over-18s only but, in some cases, relaxed age verification also allows children to access them. What's more, some popular social media platforms use similar design features to many dating sites - blurring the line between why a young person initially downloads an app and what they actually end up using it for.

### WHAT ARE THE RISKS?

#### ONLINE GROOMING

Online grooming is when someone forms a connection with a child in the digital world and carefully cultivates this relationship with the intention of manipulating the child into doing something sexual or illegal. The process involves gaining the young person's confidence - which can make them far less likely to tell a trusted adult about their new online 'friend', or to recognise what is even happening.

#### WEBCAM BLACKMAIL

Some young people have been coaxed into getting nude or semi-nude on a video chat with someone they met on a dating platform. They're then told that, unless they hand over a certain amount of money, a recording of the video will be posted online (or possibly sent to their contacts). This can be hugely traumatic for a young person and, in extreme cases, has resulted in self-harm and even suicide.

#### DAMAGE TO SELF ESTEEM

Many dating platforms encourage users to rate the images that people upload; this has clear potential to negatively impact a young person's self esteem. On some apps, pictures of a user's face and body can be rated anonymously, with notifications informing them if someone has then declined to match with them. This form of rejection can feel extremely hurtful and degrading.

#### CATFISHING AND SCAMS

Creating a false identity to deliberately lure people into a relationship (whether romantic or platonic) online is known as catfishing. Commonly, someone pretends to share interests or beliefs with their victim and gradually gains their trust. A young person's feelings for this fake 'friend' may cloud their judgement and can lead to them surrendering money, personal images, passwords and so on.

#### STALKING AND HARASSMENT

Stalking is obsessive behaviour by a fixated individual which disrupts their victim's life; it can bring severe distress and even the fear of violence. There have been frequent reports of stalking cases that originated on dating apps, with perpetrators creating new accounts in response to being reported or blocked. It's a particular cause for concern if a young person has ever given out personal details (such as their street or school name) online.

#### KEEP THE CONVERSATION GOING

Reassure your child that they can always talk to you about anything online that's worried them. Emphasise that if they're being sent unwanted images - or if they've shared images or video content themselves - they should tell you straight away. Discuss the potential risks of online dating and check in with them frequently to ensure that they're feeling comfortable about their online relationships.

#### TAKE A 'SAFETY FIRST' STANDPOINT

Encourage young people to be careful about who they send invitations to, and to get them from - on dating sites and apps. Familiarise yourself with how to adjust the privacy settings on your child's devices and apps to help them control who can access their profiles and information. Talk to your child about why it's unwise to share any sensitive, private or confidential information in their profile.

#### PROTECT CONTACT DETAILS

If a young person is interested in using online dating sites or apps, strongly encourage them to choose one that offers the facility to conceal both parties' email addresses when messaging prospective dates. If that's not possible, ensure that the young person sets up a separate email address which doesn't include their real name. This is easy to do via providers like Hotmail, Yahoo! Mail or gmail.

#### HIGHLIGHT COMMON DANGER SIGNS

Talk to your child about some of the obvious red flags in online dating: requests for money, for instance, should always ring alarm bells. Likewise, if a young person is in contact with someone who they feel is pressuring them into providing personal or financial information - or who they suspect is trying to trick them into it - they should end communication immediately and contact the dating service provider.

### Meet Our Expert

Malcolm Jennings has more than 20 years' experience in the field of relationships, sex and health education (RSHE), as well as running workshops and training for young people, parents and schools, where also subject matter expert on kind for the Department of Education.





#WakeUpWednesday