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| **PSHE**  **Key Vocabulary Progression** | | | | | | | | |
|  | **EYFS** | **Year 1** | **Year 2** | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
| **Being Me in My World** | Family  structure  world | Same as EYFS, plus: | Same as EYFS & Year 1, plus: | Same as EYFS & KS1, plus: | Same as previous year groups, plus: | Same as previous year groups, plus: | Same as previous year groups, plus: |
| Rights, responsibility, charter, respect, reward, consequences | Money, value, environment | Perspective, achievements, relationships, same-sex relationships, opposite-sex relationships, gay, lesbian, bisexual, straight, single parents, same-sex parents, step-parents, blended families, foster parents, commitment | online,  targeted | Protect, contributions, fair trade, single-use plastic, charity, misinformation | Career, college, apprenticeship, university, diversity, local community, global communities |
| **Relationships** | Friendship, kindness, happy, sad, shy, feelings, lonely, sorry, angry, family difference, mum, dad, brother, sister, grandma, grandad, stepmum, stepdad, foster mum, foster dad | Same as EYFS, plus: | Same as EYFS & Year 1, plus: | Same as EYFS & KS1, plus: | Same as previous year groups, plus: | Same as previous year groups, plus: | Same as previous year groups, plus: |
| Belonging, family, gay, lesbian, bisexual, transgender, LGBT+, trust, permission, appropriate, private, icky feeling, friendship, vagina, penis | Private, respect, boundaries, conflict, secret, personal information | Permission, consent | Bereavement | Self-respect, grooming, self-respect, personal information, boundaries, harmful content | Pressure, compassion, responsibility, bullying, teasing, harassment, trolling, excluding other |
| **Dreams and Aspirations** | Safety  rules  risks  dreams | Same as EYFS, plus: | Same as EYFS & Year 1, plus: | Same as EYFS & KS1, plus: | Same as previous year groups, plus: | Same as previous year groups, plus: | Same as previous year groups, plus: |
| Feelings, anger, sad, happy, excited, nervous, scared, worried, perseverance, strengths, respect | Resilience, long-term gaol, character traits, humility, kindness, generosity, trustworthiness, self-worth | Mental health | Progress, qualities, bacteria, viruses, immunisation | Priorities, debit card, credit card, cash, bank account, | global |
| **Healthy Me** | Health, wash hands, healthy food | Same as EYFS, plus: | Same as EYFS & Year 1, plus: | Same as EYFS & KS1, plus: | Same as previous year groups, plus: | Same as previous year groups, plus: | Same as previous year groups, plus: |
| Hygiene, healthy, physical activity, germs, relax, age restrictions, harm, emergency | Safe, negative feelings, strategies | Balanced lifestyle, influence, overexposure, inactive, nutritional, obesity, tooth decay | Smoking, nicotine, e-cigarettes, vaping, alcohol, legal, illegal, addiction, medicines, peer pressure | Restrictions, regulations, age restrictions, hazard, first aid, identity, gender identity, transgender, nonbinary, ethnicity, faith, culture | Mental health |
| **Celebrating Difference** | Different  same  feelings | Same as EYFS, plus: | Same as EYFS & Year 1, plus: | Same as EYFS & KS1, plus: | Same as previous year groups, plus: | Same as previous year groups, plus: | Same as previous year groups, plus: |
| Similarities, differences, belonging, community, needs, stereotypes, ethnicity, gender, physical appearance | Gender, gender expression, assumptions, argument, conflict, resolve | Reliability, sources, sincere, social media, homophobic language | sexist, homophobia, transphobia, biphobia, racism, assumptions, culture | Prejudice, discrimination, racism, melanin, race, ethnicity, bank account, savings account, value | Normal, disability, biphobic, sexist, racist |
| **Changing Me** | Body | Same as EYFS, plus: | Same as EYFS & Year 1, plus: | Same as EYFS & KS1, plus: | Same as previous year groups, plus: | Same as previous year groups, plus: | Same as previous year groups, plus: |
| Harmful, teasing, name-calling, bullying, cooperative, opinions, change, transition, hurt, needs | Independence, responsibilities, protection | Respect, discrimination, racial discrimination, sexual discrimination | Confidential, personal safety, confidence | Body image, genitalia, reproductive organs, puberty, female genital mutilation, menstrual cycle, menstruation, erection, wet dream, pubic hair, breasts, penis, vagina | Media, conceived, straight, gay, bisexual, lesbian, sexual orientation, marriage, civil partnership, |