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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Rec** | Introduction to PE: Unit 1 | Fundamentals: Unit 1 | Ball skills: Unit 1 | Games: Unit 1 | Dance: Unit 1 | Dance: Unit 2 |
| Introduction to PE: Unit 2 | Fundamentals: Unit 2 | Gymnastics: Unit 1 | Games: Unit 2 | Balls skills: Unit 2 | Gymnastics: Unit 2 |
| **Y1** | Fundamentals | Ball skills  | Dance  | Invasion games | Striking and fielding  | Net and Wall games |
| Health and Fitness | Sending and Receiving | Target games | Gymnastics  | Invasion games  | Athletics  |
| **Y2** | Health and Fitness | Sending and Receiving | Target games  | Invasion games | Striking and fielding  | Athletics |
| Ball skills  | Target games  | Invasion games | Team building | Net and Wall games  | DanceGymnastics  |
| **Y3** | Tag Rugby | Basketball | Hockey  | Hockey | Netball | Tennis |
| Health and Fitness | Handball | Gymnastics  | Dance | Cricket | Athletics  |
| **Y4** | Tag Rugby | Basketball | Basketball/Hockey | Hockey | Netball  | Tennis |
| Health and Fitness | Handball | Gymnastics  | Dance | Cricket | Athletics |
| **Y5** | Tag Rugby | Netball | Swimming\* | Swimming\* | Swimming\* | Swimming\* |
| Health and Fitness | Basketball | HockeyNetball | Hockey | CricketGymnastics | Athletics/TennisDance |
| **Y6** | Tag Rugby/Fitness | Netball/Basketball | Hockey | Fitness | Cricket | Athletics |
| Swimming\* | Swimming\* | Netball/Basketball | Hockey  | Gymnastics  |  Tennis Dance |