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Gateshead
Council

School menu

HOW TO CONTACT US:

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WEEK 1

MEAT FREE
MONDAY

monday

tuesday

wednesday

thursday

friday

FISH
FRIDAY

1ST CHOICE

Cheese & tomato round
pizza, pasta, baked beans,
or mixed saladSausages, mashed potato,
mixed veg & gravyRoast chicken Yorkshire
pudding, roast potatoes
broccoli, carrots & gravyPork meatballs, handmade
wedges, sweetcorn schools'
choice tomato sauce or gravyFish portion,
chips & peas

2ND CHOICE

Veggie sausage, mashed
potato, mixed veg & gravyQuorn fillet Yorkshire pudding,
roast potatoes broccoli, carrots
& gravyVeggie meatball, hand made
potato wedges, sweetcorn,
school's choice tomato sauce or
gravyVeggie bake, chips &
peas

JACKET POTATO

Tuna mayo with mixed salad

Baked beans with mixed
salad

Cheese with mixed salad

Tuna mayo with mixed salad

Cheese baked beans with
mixed salad

DESSERT

School cake & custard

Jelly & fruit

Fruit smoothie & fruit

Pancake with bananas & toffee
sauceCooks' choice
homemade biscuit

04/09/2023
25/09/2023
16/10/2023
06/11/2023
27/11/2023
18/12/2023
08/01/2024
29/01/2024
19/02/2024
11/03/2024
01/04/2024
22/04/2024
13/05/2024
10/06/2024
01/07/2024

WEEK 2

MEAT FREE
MONDAY

monday

tuesday

wednesday

thursday

friday

FISH
FRIDAY

1ST CHOICE

Folded pizza, pasta, baked
beans, or mixed saladMince pork pie mashed
potato, mixed veg & gravyGammon slice, roast potatoes,
cauliflower, carrots & gravyChicken curry, rice, naan bread
& pea/sweetcorn mixFish finger, potato
wedges & peas

2ND CHOICE

Cheese & potato pasty,
mashed potato, mixed
veg & gravyOmelette roast potatoes, & mixed
salad [Menu change to
macaroni cheese](#)Veggie curry, rice, naan bread
with pea/ sweetcorn mixVeggie fingers, potato
wedges & peas

JACKET POTATO

Tuna mayo with mixed salad

Baked beans with mixed
salad

Cheese with mixed salad

Tuna mayo with mixed salad

Cheese baked beans
with mixed salad

DESSERT

Waffle & fruit

Ice cream roll with fruit

School cake & custard

Cooks' choice homemade
biscuit

Muffin

11/09/2023
02/10/2023
23/10/2023
13/11/2023
04/12/2023
25/12/2023
15/01/2024
05/02/2024
26/02/2024
18/03/2024
08/04/2024
29/04/2024
20/05/2024
17/06/2024
08/07/2024

WEEK 3

MEAT FREE
MONDAY

monday

tuesday

wednesday

thursday

friday

FISH
FRIDAY

1ST CHOICE

Flat bread pizza slice, pasta,
baked beans, or mixed saladBeef burger in a bun, potato
wedges, sweetcorn or mixed
saladSavoury mince with cooks' choice
topping, mashed potato, green
beans, carrots & gravyChicken wrap with salad,
savoury rice & garlic mayoFish star, seasoned
twisters & peas

2ND CHOICE

Veggie burger in a bun,
potato wedges, sweetcorn or
mixed saladQuorn mince with cooks' choice
topping, mashed potato, green
beans, carrots & gravyVeggie wrap, savoury rice &
garlic mayoVeggie shapes, seasoned
twisters & peas

JACKET POTATO

Tuna mayo with mixed salad

Baked beans with mixed salad

Cheese with mixed salad

Tuna mayo with mixed salad

Cheese baked
beans with mixed
salad

DESSERT

Chocolate crispy cake with
orange wedge

School cake & custard

Fruit & ice cream

Cooks' choice homemade
biscuit

Muffin

18/09/2023
09/10/2023
30/10/2023
20/11/2023
11/12/2023
01/01/2024
22/01/2024
12/02/2024
04/03/2024
25/03/2024
15/04/2024
06/05/2024
27/05/2024
03/06/2024
24/06/2024
15/07/2024