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| --- | --- | --- | --- | --- | --- | --- | --- |
| G:\Portobello Primary.jpg | Autumn  Term 1 | Autumn  Term 2 | Spring  Term 1 | Spring  Term 2 | Summer  Term 1 | | G:\Portobello Primary.jpgSummer  Term 2 |
| Core Strands | **Living In The Wider World** | **Relationship (RSE)** | **Health and Wellbeing** | | **Living In The Wider World** | | **Relationship (RSE)** |
| Themes | **Being Me in My World** | **Relationships** | **Dreams and Aspirations** | **Healthy Me** | **Celebrating Difference** | | **Changing Me** |
| Reception  R | **Rights and Responsibilities \*Self-Identity**  **Understanding Feelings** | **\*Family Life**  **Being A Good Friend**  **Falling Out** | **Never Give Up**  **(Challenges & Perserverence)**  **Goal Setting**  **Achieving Goals**  **\*Jobs** | **Healthy Lifestyle**  **(Food & Excerise)**  **Keeping Clean**  **Being Safe** | **What Makes Me Special**  **Proud To Be Me**  **Where I Learn And Live** | | **Bodies And Boundaries**  **Growing Up**  **Fun And Fears** |
| Year One  1 | **Rights and Responsibilities Feeling Special and Safe**  **Rewards and Consequences** | **\*Belonging To A Family**  **People Who Help Us**  **Emotional and Physical Contact Preferences**  **Qualities As A Friend and A Person** | **Feelings Of Myself & Others**  **Achievements Of Myself and Others.**  **Goal Setting and Challenges** | **Keeping Healthy, Clean and Happy**  **(Diet, Daily Routines and Mental Health)**  **Being Safe In My Home** | **Similarities**  **Celebrating Differences**  **\*Making New Friends** | | **My Behaviour**  **Respecting Me, Respecting You**  **Coping with Change (Transition)** |
| Year Two  2 | **Rights and Responsibilities**  **Rewards and Consequences**  **Value and Contributions**  **Choices** | **Physical and Emotional Boundaries**  **Friendship and Conflict**  **Secrets and Trust** | **Achieving Realistic Goals**  **Group Cooperation**  **Contributing to and Sharing Success** | **Recognising Feelings**  **Healthy Body, Healthy Mind**  **Keeping Safe** | **\*Gender Diversity**  **\*Assumptions and Stereotypes**  **\*Celebrating Diversity and Remaining Friends** | | **Increasing Independence**  **Healthy Families**  **Preparing for Transition** |
| Year Three  3 | **Rights and Responsibilities**  **Self-Identify and Worth**  **Seeing Things From Others Perspectives** | **\*Family Life**  **\*Being Aware of How My Choices Affect Others** | **Mental Health**  **Dreams and Ambitions**  **Managing Feelings** | **Healthy Lifestyles**  **Importance of Exercise and Rest**  **Food Labelling and Healthy Swaps** | **Media Literacy and Digital Resilience**  **\*Recognising How Words Can Be Hurtful**  **Giving and Receiving Compliments** | | **Respect**  **Challenging My Ideas**  **Preparing For Transition** |
| Autumn  Term 1 | | **Autumn**  **Term 2** | **Spring**  **Term 1** | **Spring**  **Term 2** | **Summer**  **Term 1** | | **Summer**  **Term 2** |
| Core Themes | **Living In The Wider World** | **Relationship (RSE)** | **Health and Wellbeing** | | **Living In The Wider World** | | **Relationship (RSE)** |
| Units | **Being Me in My World** | **Relationships** | **Dreams and Goals** | **Healthy Me** | **Celebrating Difference** | | **Changing Me** |
| Year Four  4 | **Rights and Responsibilities**  **Rewards and Consequences**  **Understanding Influences** | **Friendships**  **Love and Loss**  **Getting On Falling Out** | **Creating Realistic Dreams**  **Working In a Group**  **Overcoming Disappointment** | **Hygiene**  **Smoking and Alcohol**  **Mental Health** | **\*Challenging Assumptions**  **Having a Voice**  **\*Enjoying and Respecting Other Cultures** | | **Secrets and Safety**  **Developing Confidence**  **Preparing For Transition** |
| Year Five  5 | **Rights and Responsibilities**  **Being A Citizen**  **How Behaviour Affects Groups** | **Mental Health**  **Safer Online Communities**  **Dangers of Online Grooming (SMART Safety)** | **Importance of Money**  **\*Jobs and Careers**  **Supporting Others (Charity)** | **Safety**  **Emergency Aid**  **Mental Health** | **Cultural Difference and How They Cause Conflict**  **Racism**  **Material Wealth and Happiness** | | **Self-Image and Body Image**  **Puberty**  **Preparing For Transition** |
| Year Six 6 | **Rights and Responsibilities**  **Global Citizenship**  **\*Future Careers** | **Feeling Welcome and Valued**  **Power and Control**  **Technology Responsibility and Safety** | **Personal Learning Goals In and Out Of School**  **Making a Difference In The World** | **Taking Personal Responsibility**  **Emotional Health**  **Mental Health** | **\*Perceptions Of Normality**  **Understanding Disability**  **\*Recognising How Words Can Be Hurtful** | | **Self-Image and Body Image**  **Puberty and Feelings**  **\*Physical Attraction**  **Transition** |
| Anti-Bullying  Learning based on anti-bullying will be integrated throughout each of the celebrating difference, healthy me and relationship themes as well as through additional anti-bullying events/focus weeks carried out throughout the academic year. | | | | **Stonewall**  Themes identified to have content related to Stonewall have been highlighted using the \* symbol. | | **Kidsafe and Operation Encompass**  Both of these interventions will take place in the Relationships Unit. | |

