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| G:\Portobello Primary.jpg | AutumnTerm 1 | AutumnTerm 2 | SpringTerm 1 | SpringTerm 2 | SummerTerm 1 | G:\Portobello Primary.jpgSummerTerm 2 |
| Core Strands | **Living In The Wider World** | **Relationship (RSE)** | **Health and Wellbeing** | **Living In The Wider World** | **Relationship (RSE)** |
| Themes | **Being Me in My World** | **Relationships** | **Dreams and Aspirations** | **Healthy Me** | **Celebrating Difference** | **Changing Me** |
| ReceptionR | **Rights and Responsibilities \*Self-Identity****Understanding Feelings** | **\*Family Life****Being A Good Friend****Falling Out** | **Never Give Up** **(Challenges & Perserverence)****Goal Setting****Achieving Goals****\*Jobs** | **Healthy Lifestyle****(Food & Excerise)****Keeping Clean****Being Safe** | **What Makes Me Special****Proud To Be Me****Where I Learn And Live** | **Bodies And Boundaries****Growing Up****Fun And Fears** |
| Year One1 | **Rights and Responsibilities Feeling Special and Safe****Rewards and Consequences** | **\*Belonging To A Family****People Who Help Us****Emotional and Physical Contact Preferences****Qualities As A Friend and A Person** | **Feelings Of Myself & Others****Achievements Of Myself and Others.****Goal Setting and Challenges** | **Keeping Healthy, Clean and Happy****(Diet, Daily Routines and Mental Health)****Being Safe In My Home** | **Similarities****Celebrating Differences****\*Making New Friends** | **My Behaviour****Respecting Me, Respecting You****Coping with Change (Transition)** |
| Year Two2 | **Rights and Responsibilities****Rewards and Consequences****Value and Contributions****Choices** | **Physical and Emotional Boundaries****Friendship and Conflict****Secrets and Trust** | **Achieving Realistic Goals****Group Cooperation****Contributing to and Sharing Success** | **Recognising Feelings****Healthy Body, Healthy Mind****Keeping Safe** | **\*Gender Diversity****\*Assumptions and Stereotypes****\*Celebrating Diversity and Remaining Friends** | **Increasing Independence****Healthy Families****Preparing for Transition** |
| Year Three3 | **Rights and Responsibilities****Self-Identify and Worth****Seeing Things From Others Perspectives** | **\*Family Life****\*Being Aware of How My Choices Affect Others** | **Mental Health****Dreams and Ambitions****Managing Feelings** | **Healthy Lifestyles****Importance of Exercise and Rest****Food Labelling and Healthy Swaps** | **Media Literacy and Digital Resilience****\*Recognising How Words Can Be Hurtful****Giving and Receiving Compliments** | **Respect****Challenging My Ideas****Preparing For Transition** |
|  Autumn Term 1 | **Autumn****Term 2** | **Spring****Term 1** | **Spring****Term 2** | **Summer****Term 1** | **Summer****Term 2** |
| Core Themes | **Living In The Wider World** | **Relationship (RSE)** | **Health and Wellbeing** | **Living In The Wider World** | **Relationship (RSE)** |
| Units | **Being Me in My World** | **Relationships** | **Dreams and Goals** | **Healthy Me** | **Celebrating Difference** | **Changing Me** |
| Year Four4 | **Rights and Responsibilities****Rewards and Consequences****Understanding Influences** | **Friendships****Love and Loss****Getting On Falling Out** | **Creating Realistic Dreams****Working In a Group****Overcoming Disappointment** | **Hygiene****Smoking and Alcohol****Mental Health** | **\*Challenging Assumptions****Having a Voice****\*Enjoying and Respecting Other Cultures** | **Secrets and Safety****Developing Confidence****Preparing For Transition** |
| Year Five5 | **Rights and Responsibilities****Being A Citizen****How Behaviour Affects Groups** | **Mental Health****Safer Online Communities****Dangers of Online Grooming (SMART Safety)** | **Importance of Money****\*Jobs and Careers****Supporting Others (Charity)** | **Safety****Emergency Aid****Mental Health** | **Cultural Difference and How They Cause Conflict****Racism****Material Wealth and Happiness** | **Self-Image and Body Image****Puberty****Preparing For Transition** |
| Year Six 6 | **Rights and Responsibilities****Global Citizenship****\*Future Careers** | **Feeling Welcome and Valued****Power and Control****Technology Responsibility and Safety** | **Personal Learning Goals In and Out Of School****Making a Difference In The World** | **Taking Personal Responsibility****Emotional Health****Mental Health** | **\*Perceptions Of Normality****Understanding Disability****\*Recognising How Words Can Be Hurtful** | **Self-Image and Body Image****Puberty and Feelings** **\*Physical Attraction****Transition** |
| Anti-BullyingLearning based on anti-bullying will be integrated throughout each of the celebrating difference, healthy me and relationship themes as well as through additional anti-bullying events/focus weeks carried out throughout the academic year.  | **Stonewall**Themes identified to have content related to Stonewall have been highlighted using the \* symbol. | **Kidsafe and Operation Encompass**Both of these interventions will take place in the Relationships Unit. |

